**Duke of Edinburgh Award 2019**

**Application form**

If you are interested in doing DofE this year you must come to a short meeting on

**Friday 4th October at 1:15pm** in the theatre.

As the award is run by Alford Academy staff and parent volunteers we have had to limit the number of spaces due to how many supervisors we have available. As such all participants must complete this application form if they wish to participate in DofE this year. If any pupil has a problem with completing this form they should speak to Miss Shepherd as soon as possible.

We will be offering the following options:

* S3/4 pupils who wish to do Bronze
* S4/5/6 pupils who wish to do Silver
* S5/6 pupils who wish to do Gold.

**Bronze:** (14+ years)

**Volunteering, Physical and Skills sections:**

One section for 6 months and the rest for 3 months

**Expedition section:**

2 days/1 night

**Silver:** (15+ years)

**Volunteering section:**

6 months

**Physical & Skill sections:**

One section for 6 months and the other for 3 months

**Expedition section:**

3 days/2 nights

Additional requirements may be needed if you are a direct entrant.

**Gold:** (16+ years)

**Volunteering section:**

12 months

**Physical & Skill sections:**

One section for 12 months and the other for 6 months

**Expedition section:**

4 days/3 nights

**Residential section:**

Undertake a shared activity in a residential setting away from home for 5 days and 4 nights.

Additional requirements may be needed if you are a direct entrant.

DofE has inspired and transformed the lives of millions of young people from all walks of life and it could do the same for you.

The volunteering section is all about making a difference in other people’s lives by giving up your time and changing things for the better.

The Physical section is a chance for you to focus on your health and fitness and have fun along the way. You don’t have to be super fit or world class – with the DofE, it’s about setting your own challenges, giving 100% and being the very best you can be.

The Skills section is about discovering what you’re really good at. Maybe you want to get better at something you already do or learn something for the very first time but you’ll boost your self-confidence as well as your CV.

If this is something which interests you fill in the form on the other side and put it in either of the drop boxes before the end of day on Thursday 10th October.

Yellow DofE drop box outside C1-34. Black pupil drop box by reception.

Duke of Edinburgh Application form

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| --- | --- | --- | --- |
| **Name of Participant** |  | **SDA Class** |  |
| **Please circle the level you are intending on doing** | Bronze Silver Gold |
| **Previous experience** State what level you have completed, if any, or if you have a small bit to finish please tell us what you have left to do |  |
| **Why do you want to complete the Duke of Edinburgh award?** |  |
| **What do you think you can bring to the award?** What skills have you that will help your group |  |
| Please detail below what you intend to do for each of the sectionsMore information can be found on the DofE website, <https://www.dofe.org/>, the school site, <https://alfordacademy.edublogs.org/dofe/>, and the DofE noticeboard found near Block B and C. |
| **Volunteering** |  |
| **Physical** |  |
| **Skill** |  |