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30 August 2022

Dear Parent/Carer

Aberdeenshire Council has received Scottish Government funding to provide mental health supports and services to support 5-25 year olds, and their parents and carers. To-date this has included Kooth and Togetherall Digital Mental Health Services, QuEST for young people who identify as LGBTQ+, and Nature Nurture Practitioners to provide targeted support for children aged 5-11 years.

The Scottish Youth Parliament (SYP) have been asked by the Scottish Government to carry out an evaluation of the mental health and wellbeing community supports and services that have been implemented by each local authority.

There are two surveys, one for young people (aged 12-25) and one for parents/carers of young people who have accessed community mental health supports and services. If you are the parent or carer of a young person aged 12-25 who has accessed these services, we would be grateful if you could complete the survey attached and also encourage your child to complete the survey specific to them.

The surveys are now live and there is more information about the surveys on the documents attached, including a link to the survey.

Please note the tight deadline of responses by **1st September 2022**.

Many thanks for your support with this.

Yours faithfully



**Vincent A Docherty**

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