



## Independent evaluation of mental health and wellbeing community supports and services for 5-24-year-olds, their parents and carers.

The Scottish Youth Parliament has been asked by the Scottish Government to carry out an independent evaluation of mental health and wellbeing community support and services for 5-24-year-olds, their parents and carers.

As part of the Scottish Government's commitment to improve support for children and young people's mental health and wellbeing in Scotland, £15 million per year has been provided to local authorities to deliver mental health and wellbeing community supports and services. 230 services and supports have been introduced or expanded across every local authority in Scotland.



Our evaluation is being carried out by an Investigation Team which is made up of seven young people who represent regions across Scotland, with support from Children in Scotland, Evaluation Support Scotland, and Penumbra. Your survey responses will help us to make recommendations which will inform the Scottish Government's future funding decisions for mental health services in Scotland.

Parents and carers of children and young people who have received support from one of these services can help us by filling in our survey - the deadline is 9am on Thursday 1<sup>st</sup> September: [www.smartsurvey.co.uk/s/MHevaluationParents/](http://www.smartsurvey.co.uk/s/MHevaluationParents/)

If you have any questions about this evaluation, please contact Rosy Burgess, SYP's Governance and Events Manager, at [rosy.b@syp.org.uk](mailto:rosy.b@syp.org.uk).



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### About the Scottish Youth Parliament

The Scottish Youth Parliament (SYP - [www.syp.org.uk](http://www.syp.org.uk)) is the democratic voice of Scotland's young people. Our vision for Scotland is of a nation that actively listens to and values the meaningful participation of its young people. Our goal is to make this vision a reality, in order to ensure young people in Scotland grow up loved, safe and respected, and able to realise their full potential.

SYP's mission is to provide a national platform for young people to discuss the issues that are important to them, and campaign for changes to the nation that they live in. We support our members in their work by training them, supporting their personal development and empowering them, using a youth work ethos.

MSYPs listen to and recognise the issues that are most important to young people in every community across the country and ensure that decision-makers listen to their voices.

The United Nations Convention on the Rights of the Child (UNCRC) is the basis for our vision, mission and values. In particular, SYP embodies Article 12 of the UNCRC, which states that young people have the right to express their views freely and have their opinions listened to in all matters affecting them. As a completely youth-led charity, the words and sentiment of Article 12 have profound importance for our work.